

Head Above the Clouds Worksheet

1. What is a word (or words) that you would use to describe your work life over the past three months?
2. What are some of your personal work wins over the past three months?
3. What are some of our team's wins over the past three months?
4. What are two things that are working well for you work wise?
5. Why are they working?
6. What are two things that are not working for you work wise?
7. Take the first thing above. If another colleague share with you this issue, what advice would you give them?
8. Take the second answer to your "not working" answer. If a different colleague shared with you this issue, what advice would you give them?
9. What would need to be true on December 31, 2020 for you to feel that you finished the year well work wise?
10. What action steps might you need to take for the above to be true?
11. What would need to be true on December 31, 2020 for you to feel that you finished the year well in your personal life?
12. What action steps might you need to take for the above to be true?